

Lancaster Lebanon Psychological Association

1861 Wickersham Lane * Lancaster, Pennsylvania 17603-2327 * 717-393-0707 * Fax 717-393-4605 * LLPA@llpaweb.org

*** DECEMBER 2007 UPDATE ***

July 2008 - July 2010 Referral Directory Update

We will be producing a *July 2008 - July 2010 LLPA Membership/Referral Directory* in January and February. LLPA publishes these directories every other year. This year we plan to produce & send out about **3000 free copies to referral sources in Lancaster and Lebanon**. The information will also be available to the public on our LLPAWEB.ORG website.

We will be sending out information about updating your listing soon. If you want to update your listing now, download and **save** your current listing onto your computer from the following website <http://llpaweb.org/WebPages/> Note: capitalization matters. Make changes as you like, save the file again on your computer, and then email it as an attachment to Ken Ralph at LLPA@LLPAWEB.ORG Please indicate the items you have changed.

YWCA Seeks Therapists for Developmentally Disabled Victims of Sexual Assault

The YWCA - Sexual Assault Prevention and Counseling Center is looking for therapists to provide therapy to children and adults with developmental disabilities. Many of their clients have Medical Assistance and other insurances. Crime Victims Compensation may cover counseling fees (beyond the first \$100) for those who have reported the incident(s) to law enforcement.

For more information contact Debra Francis Werner, YWCA Director of Counseling Services, 393-1735x259 dfrancis@ywcalancaester.org

LLPA Psychologists Publish Kids' Self-Help Book

LLPA members Jane Weierbach and Elizabeth Phillips-Hershey have recently published *Mind Over Basketball: Coach Yourself to Handle Stress a Self-Help Book for Kids...and the Adults in Their Lives*.

Using a positive, interactive, mindfulness based stress reduction approach, this book includes a high-interest chapter and informative coaching guides with skills-training exercises for readers ages 8 to 12. Mindfulness and cognitive skills included are designed to teach kids to focus on now, use the breath to keep their cool, make choices that work, focus on the things that deserve attention, redirect worries, and use rational and positive self-talk. Ideal for use with kids by parents, teachers, therapists, guidance counselors, and coaches, this book can be used as a text for small groups, classrooms, and counseling sessions.

The paperback edition retails for \$8.95 and can be ordered from the publisher, APA's Magination Press at 800-374-2721.

Mark Your Calendar

2008 LLPA Breakfast Programs Schedule

Friday Mornings - 8 a.m. – 9:30 a.m.

Arthurs Restaurant - In the Eden Resort

Jan 18 – March 14 – May 16

July 18 – Sept. 19 – Nov 14

**Most are the 3rd FRIDAY of
Odd Numbered Months**

March 14 LLPA Breakfast Topic

Council on D&A Abuse

Life Skills – Underage Drinking Program

Presented by Jim Bender

This program will describe the award winning 12-session psycho-educational program provided by the Lancaster Co. Council on D&A Abuse to help at risk teens make informed decisions about their use of alcohol and other drugs.

J&K 2008 Seminar Schedule

- April 14 & 15 – Matthew D. Selekman, MSW, LCSW *Strength-Based Therapy with Difficult Children & Adolescents*
- May 19 & 20 – Raymond M. Scurfield, MSW & Col. Kathy Platoni, Psy.D. *Returning From War: Providing Mental Health Services to Military Personnel & Their Families*
- June 19 & 20 – Donald Meichenbaum, Ph.D. *Treating Angry and Aggressive Children, Adolescents and Adults: A Life-Span Treatment Approach*
- July 31 – Gerald P. Koocher, Ph.D. *Ethics Update For Experienced Therapists*
- August 1 – John Preston, Psy.D. *Psychopharmacology Update For Experienced Therapists*
- September 11 & 12 – Claudia Black, Ph.D. *Healing from Loss and Abandonment*
- November 20 & 21 – Russell Barkley, Ph.D. *Advances in ADHD Theory, Diagnosis, and Management*

J&K LLPA Member Discount

LLPA Members may register at the 2 or more person rate for J&K Seminars even when registering alone. Please note this discount when making your reservation.

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Next LLPA Breakfast Program

Friday, January 18 – PPA & Legislative Update

NOTE: Send January Breakfast Reservations to

Jud McCune - 110 N Duke St Apt 202, Lancaster, PA 17602

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«AddressBlock»

PPA & Legislative Update

presented by

Tom DeWall

Friday, January 18

Held At

Arthur’s Restaurant (Encore Lounge) - Eden Resort

Breakfast – 8 a.m. - Program – 8:30 a.m. – 9:30 a.m.

Executive Committee Meeting – 9:40 a.m. – 10 a.m.

Tom DeWall, Executive Director of the Pennsylvania Psychological Association (PPA), will update our members on state and national legislation. In addition, he will describe PPA activities planned for 2008.

The LLPA member **registration fee of \$15** includes the deluxe buffet breakfast, the program, and **one hour CE credit**. Non-LLPA members may register for \$20.

PRE-REGISTRATION IS REQUIRED – For more information call Ken Ralph – 393-0707

An LLPA Executive Committee Meeting will follow the program until about 10 a.m. All LLPA members are encouraged to attend.

PPA & Legislative Update

Friday Morning, January 18

Arthur’s Restaurant (Encore Lounge) - Eden Resort

Print Name _____ Phone Number _____

_____ Amount Enclosed (make check payable to LLPA) **\$15 LLPA members** \$20 non-LLPA members

Please return this Registration Form and Payment To: **Jud McCune - 110 N Duke St Apt 202, Lancaster, PA 17602**
(Ken Ralph will be out of town Jan 8 – Jan 17)

Questions? Call Alan Babcock 575-7444 or LLPA@LLPAWEB.org