

**Kenneth E. Ruffner**  
Life Management Associates  
1848 Charter Lane  
Lancaster, PA 17602  
(717) 394-6688  
Fax - 394-6804

**Type of Professional:** Psychologist Male **Birth Date:** 02/11/50

**Highest Academic Degree:** M.S.(1973) Psychology, **Millersville University**

**Licenses & Certificates:** Psychologist, 1978; School Psychologist, 1976

**Hourly Session Fee** \$100 Hour = 50 minutes

**Extended Hours** evenings, Saturdays

**Approved For & Accepts:**

Aetna, Blues, Capital Blue Cross, Health Assurance, HighMark, Magellan, PHC, Value Options

**Primary Orientations**

*Cognitive-Behavioral*

**Orientations**

Rational-Emotive

**Primary Therapies Provided**

*individual, marriage, family*

**Tests Provided**

none

**Expert Witness**

none

**Ages Treated**

teens, adults

**Special Populations Treated**

separated/divorced

**Key Problems Treated**

*mood disorders, anxiety disorders, personality disorders*

**All Problems Treated**

impulse control

**Talks Provided -**

*Resilience Training*

*Stress Management*

**Professional Memberships**

PPA, LLPA