

Jean K. Ferguson
Life Management Associates
477 Parkwynne Rd
Lancaster, PA 17601
(717) 394-6688
Fax - 394-6804
Email jkayf3@yahoo.com

Type of Professional: Psychologist Female **Birth Date:** 11/12/52

Other Locations Ephrata

Highest Academic Degree: M.S.(1987) Clinical Psychology, **Millersville University**

Licenses & Certificates: Psychologist, 1992

Hourly Session Fee \$95 Hour = 50 minutes

Extended Hours evenings

Approved For & Accepts:

Alliance Health Plan, Blues, Educators, GreenSpring, Integra, Magellan, Optimum
Choice/MAMSI, OVR, PHC, Quest Behavioral Health, Blue Chip, Health Assurance, Value
Options/Behavioral, HealthGuard

Primary Orientations

Eclectic

Orientations

Cognitive/Behavioral, Holistic, Family Systems, Rational-Emotive

Primary Therapies Provided

individual, marriage, family

Therapies Provided

divorce, behavioral, stress management, EMDR

Tests Provided

none

Expert Witness

none

Ages Treated

children, teens, adults

Special Populations Treated

separated/divorced, adult child of alcoholic, incest victim

Key Problems Treated

post-traumatic stress, interpersonal, low self-esteem

All Problems Treated

ADHD, conduct disorders, childhood anxiety, eating disorders, D&A abuse & addictions, mood disorders, anxiety disorders, adjustment disorders, personality disorders, marital problems, parent-child problems, grief

Professional Memberships

LLPA, PPA

COMMENT:

In 2001, I began to offer EMDR (Eye Movement Desensitization Reprocessing) as an additional technique to help adults & children (school age) neutralize or clear powerful emotions which had been holding back desired movement/change.